



EXCELLENCE · RESPECT · RESPONSIBILITY · INTEGRITY · COMPASSION



# BIC EXTRA-CURRICULAR ACTIVITIES

Term 1: September – October Half Term 2025

#### **Club Information**

#### When do the activities start?

Morning clubs start at 7:45am and finish at 8:30am.

Lunch clubs start at 13:15 and finish at 14:00.

After school clubs start at 16.00 and finish at 17.00 except where stated (see individual details).

All clubs will start week beginning 15 September 2025 unless stated otherwise.

#### How many children are in each activity?

Please note that if the clubs do not meet their minimum requirement of students, they will not be able to start. If an activity reaches the maximum capacity a waiting list will be created.

#### How do I book these activities?

Internal clubs should be booked and paid for directly through the School Cloud: <a href="https://balearesinternational.schoolcloud.co.uk/">https://balearesinternational.schoolcloud.co.uk/</a>

Payment must be made at the time of booking the club via Paypal or card on the booking system. Students not on the list will not be permitted to join the club. Sign up will not close, so you can always join the club if you are late joining.

Internal clubs cost €11 per session, and we will need a minimum of 5 students to run a club.

Missed clubs will not be refunded, however, if we do not get the minimum number of students required we will of course refund you.

If you are having problems logging into School Cloud, please email <a href="mailto:ParentPortal@balearesint.net">ParentPortal@balearesint.net</a> for support

Lunch time clubs are free.

External activities should be booked by contacting the provider using the details provided.

If you have any questions, please email Laura Parkes (Head of PE and Extra Curricular Activities): <a href="mailto:laura.parkes@balearesint.net">laura.parkes@balearesint.net</a>

# **Before School Timetable**

MONDAY			
KS4 Football – Football Field	Year 7-11 Girls Fitness – Fitness	Year 1-3 Fundamental Skill	
	Suite	Acquisition – Sports Hall	
TUESDAY			
KS3 Football – Football Field	Year 7-11 Girls Fitness – Fitness	Volleyball Club – Sports Hall	
	Suite		
WEDNESDAY			
KS3 Basketball – Sports Hall	Year 4-6 Fitness for All – Fitness	Year 6-10 Netball – Hard Court	
	Suite		
THURSDAY			
KS2 Football – Football Field	Cycling Club - Track	Year 3-6 Cheerleading – Sports Hall	
FRIDAY			

# **Lunch Clubs Timetable**

MONDAY				
TUESDAY				
WEDNESDAY				
ANUNCI I AND	WEDINESDAI			
MUN Club – Mr Dale and Dr Quinn				
Year 10-13				
Room TBC				
THURSDAY				
DofE Club – Miss Parkes	Basketball Club – Mr Mulhern			
<b>Current Year 10 enrolled students</b>	All Secondary students			
Drama Studio	Sports Hall			
FRIDAY				
Coding Club				
All Year Groups				
ICT Room				

# **After School Timetable**

MONDAY				
KS1 & 2 Football Club – External	Yr 3&4 Library Club – Internal Club			
Provider				
TUESDAY				
Yr 3-8 Cheerleading Club – Internal	Swimming Lessons – External	Robotics Club – External Provider		
Club	Provider			
WEDNESDAY				
KS1&2 Football Club – External	Yr 5&6 Library Club – Internal Club			
Provider				
THURSDAY				
Yr 4-8 Multi-sport Club – Internal	Swimming and Scuba Lessons –			
Club	External Provider			
FRIDAY				
Sailing – External Provider	Stand Up Paddleboarding – External			
	Provider			

## **Club Information**

#### **Before School Clubs**

#### Football Club - Monday, Tuesday, Thursday

KS2, 3 and 4 Football Club will be run by Mr Goodwin on the new football pitch. Students will develop skills and match play. Our goal is to develop competitive teams and have fixtures against other schools across all age groups.

#### Girls Fitness - Monday and Tuesday

Girls' fitness will take place with Miss Parkes and Miss Fraser in the Fitness Suite. These sessions are designed to give girls a space to work out in, without feeling self-conscious or uncomfortable. They will take part in a variety of different workouts to include HIIT, Tabata, weights and cardio.

#### Fundamental Skill Acquisition – Monday

This session for our youngest students will be with Miss Fraser and will develop their core skills including agility, balance, coordination and movement skills.

#### **Volleyball Club – Tuesday**

Volleyball Club will be run by Miss Parkes in the Sports Hall and will be open to students in Year 6 upwards. Students will develop skills and match play. Our goal is to develop competitive teams and have fixtures against other schools across all age groups.

#### **Basketball Club – Wednesday**

Basketball Club will be run by Mr Goodwin on the new hard court area and is open to students in XXXX. Students will develop skills and match play. Our goal is to develop competitive teams and have fixtures against other schools across all age groups.

#### Netball Club - Wednesday

Netball Club will be run by Miss Parkes on the new hard court area and is for students in Years 6-10. Students will develop skills and match play. Our goal is to develop competitive teams and have fixtures against other schools across all age groups.

#### Fitness for All – Wednesday

Fitness for All will take place with Miss Parkes and Miss Fraser in the Fitness Suite and is for students in Year 4-6. Students will learn how to use the different equipment and take part in a variety of different age-appropriate workouts and exercises.

#### **Cycling Club –Thursday**

This club will be for students in Year 5 up and will be run by Miss Parkes. Students must have a bike and helmet and will need to be able to ride this competently. Students will learn how to corner more effectively, basic bike maintenance, signalling and safely riding as a group as well as how to safely ride on the road and bike paths.

#### **Cheerleading Club - Thursday**

Our Cheerleading club is open to students in Year 3-6 and is with Miss Fraser in the Sports Hall. This club is open to students who would like to learn and enhance their gymnastics and dance skills as well as continue to develop and grow our cheerleading squad.

#### **After School Clubs**

## **Library Club – Monday and Wednesday**

Our Library club is open to students in Year 3&4 one day and Year 5&6 another. The club would involve quiet reading as well as some quiet fun activities with may include board games, art and more.

## Football Club – Monday and Wednesday – starts 1 October 2025

#### **External Provider**

Richard Ford - WhatsApp +34 722 283 415

Football Club for students in Year 1-5. Please contact Rich directly to register your child.

#### **Cheerleading Club – Tuesday**

Our Cheerleading club is open to students in Year 3-8 and is with Miss Fraser in the Sports Hall. This club is open to students who would like to learn and enhance their gymnastics and dance skills as well as continue to develop and grow our cheerleading squad.

### Swimming and Scuba Lessons – Tuesday and Thursday

Octopus Swim – Daniel Martin: danny@dannymartin.co.za / WhatsApp - +27 828 546 536

A fantastic opportunity to develop your swimming skills with a learn to swim class or stroke correction class with Octopus. They will run 30 minute classes back to back with a maximum of 4 students per class in our fantastic pool. Scuba lessons will take place on Thursday's. Programmes run with 4 or 8 intensive classes and is a perfect addition to our PE curriculum here at BIC.

## **Robotics Club – Tuesday**

#### **External Provider**

Tecnoaprendo – <u>www.tecnoaprendo.es</u> / <u>info@tecnoaprendo.com</u>

A computer programming club for children. For more information, please visit their website. The cost of the club is 43€/month. For bookings and payments please contact the provider directly.

#### **Multi-Sport Club – Thursday**

Our Multi-Sport club is open to students in Year 4-8 and is with Mr Mulhern on the field and outdoor hard court. This club is open to students who would like to play a variety of different sports and activities.

## Sailing Club - Port Adriano - Friday

#### **External Provider**

Esports Nautics Mallorca – Port Adriano inof@esportsnauticsmallorca.com

This is a wonderful opportunity for students aged 6 and over to learn and develop a fantastic new skill and learn how to sail. Classes run from 16:00 - 18:30 every Friday from now until the end of November. Students are collected from school on Friday and taken to the port by the sailing staff and then need to be collected from Port Adriano.

# Stand Up Paddleboarding – Port Adriano – Friday

#### **External Provider**

Marbal SUP - Port Adriano <a href="mailto:supmarbalear@gmail.com">supmarbalear@gmail.com</a>

This is a wonderful opportunity for students aged 6 and over to learn and develop a fantastic new skill and take part in stand up paddleboarding. Classes run from 16:00 - 18:00 every Friday from now until the end of October. Students are collected from school on Friday and taken to the port by the watersports staff and then need to be collected from Port Adriano.