



Baleares International College
Mallorca
an Orbital Education School



Relationships and Sex Education Policy

BIC Sa Porrassa and BIC San Agustí

Approved by: Alison Colwell, Principal

Last reviewed on: September 2025

Next review due by: September 2026



RELATIONSHIPS AND SEX EDUCATION POLICY

Purpose

At Baleares International College, we are committed to providing a safe and supportive learning environment that empowers students to develop healthy relationships and make informed decisions regarding their sexual health. Our vision is to create well-rounded individuals who respect diversity, practice consent, and navigate the complexities of relationships with integrity.

We ensure that all primary pupils at the school are provided with relationships education. We ensure that all secondary pupils at the school are provided with relationships and sex education.

School's Vision for safe and effective RSE

In line with our commitment to excellence, our vision for safe and effective Relationships and Sex Education (RSE) is rooted in the following principles:

1. **Safety First:** We prioritize the safety and well-being of our students. Our RSE programme is designed to create an environment where students feel secure to explore and discuss topics related to relationships and within appropriate curriculum setting sex and reproduction education.
2. **Inclusivity:** We value and celebrate diversity. Our RSE curriculum is inclusive, recognizing and respecting various perspectives, identities, and backgrounds. We strive to ensure that all students see themselves represented and respected in our educational approach.
3. **Empowerment Through Knowledge:** Our RSE programme aims to empower students with age-appropriate knowledge. We believe that informed decision making is crucial for students to navigate the complexities of relationships and sexual health successfully.
4. **Communication and Consent:** We emphasize the importance of effective communication and consent in all interpersonal relationships. Our vision is to equip students with the skills to communicate openly, establish boundaries, and seek and provide consent respectfully.
5. **Cultural Sensitivity:** Recognizing the cultural diversity within our school community, our RSE programme is designed to be culturally sensitive. We strive to provide information that is relevant and respectful of cultural values and norms.

RSE is mapped into our curriculum documents in line with UK Statutory guidelines. The RSE content is devised in collaboration between UK statutory guidelines, local legal and cultural guidelines and parental input and consultation.



Objectives of RSE

1. To equip students with age-appropriate knowledge and understanding of relationships and sexual reproduction.
2. To promote values of respect, inclusivity, and consent in all interpersonal relationships.
3. To empower students to make informed and responsible decisions regarding their health and well-being.
4. To create a positive and supportive culture where students feel comfortable discussing RSE topics with the appropriately trained persons.

Roles and Responsibilities

1. Head of Secondary, Head of Primary, Head of Sixth Form, Head of Pastoral, Deputy Head of Sixth Form

- are responsible for advising on, endorsing and supporting the implementation of the RSE policy.
- provide leadership to ensure that RSE aligns with the overall vision and values of the school.
- oversee the integration of RSE into the broader curriculum.

2. Teachers:

- are responsible for delivering RSE content strictly according to the curriculum and policy guidelines.
- create a safe and inclusive learning environment for students to explore RSE topics.
- play a vital role in facilitating open discussions and addressing student queries related to RSE.

3. Parents

- are encouraged to engage with the RSE programme and understand its objectives.
- are responsible for reinforcing RSE values at home and supporting students in their understanding of relationships.

If a pupil's parent requests that the pupil is wholly or partly excused from sex education provided as part of relationships and sex education, the pupil is so excused until the request is withdrawn, unless or to the extent that the principal considers that the pupil should not be so excused.



Professional Development

- Key staff will receive appropriate professional development opportunities to enhance their knowledge and skills in RSE delivery.
- Workshops, training sessions, and resources will be provided to keep staff informed about best practices and emerging trends in RSE education.
- Continuous learning opportunities will be offered to ensure that staff remains confident and capable in delivering effective RSE content.

Child Protection, Safeguarding and Confidentiality Protocols

- Child protection, safeguarding, and confidentiality protocols are integral to supporting safe and effective RSE practice
- These protocols ensure that sensitive information is handled with utmost care, respecting the privacy and well-being of all students.

Informing Visitors and External Agencies

- Visitors and external agencies will be informed of safeguarding protocols and our school's commitment to safeguarding.
- External agencies will be encouraged to align their practices with our school's whole-school approach to RSE, emphasizing respect for our values and the wellbeing of our students.

Protocols for Vulnerable “At Risk” Pupils

- Specific protocols will be in place to identify and support students who may be considered vulnerable or 'at risk.'
- These protocols will include regular reviews, collaboration with relevant support services, and clear communication channels to address concerns promptly and effectively.

This policy will act as a management tool to inform decision-making processes related to RSE at Baleares International College, ensuring a consistent and effective approach to this vital aspect of education. A separate written statement of this policy is published on our website, and a copy of the statement will be provided free of charge to anyone who asks for one. Parents are consulted before making or revising this statement.