



**Baleares International College**  
Sant Agusti  
an Orbital Education School



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# RELATIONSHIPS & SEX EDUCATION POLICY

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**Approved by:**

Elizabeth Compton

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## Aims & Purpose

At Balears International School, Sant Agustí we are committed to providing a safe and supportive learning environment that empowers students to develop healthy relationships and make informed decisions regarding their sexual health. Our vision is to create well-rounded individuals who respect diversity, practice consent, and navigate the complexities of relationships with integrity.

## School's Vision for safe and effective RSE

In line with our commitment to excellence, our vision for safe and effective Relationships and Sex Education (RSE) is rooted in the following principles:

1. **Safety First:** We prioritise the safety and well-being of our students. Our RSE programme is designed to create an environment where students feel secure to explore and discuss topics related to relationships and (within appropriate curriculum setting and respecting the mores of Spanish and international society) sex and reproduction education.
2. **Inclusivity:** We value and celebrate diversity. Our RSE curriculum is inclusive, recognising and respecting various perspectives, identities, and backgrounds. We strive to ensure that all students see themselves represented and respected in our educational approach.
3. **Empowerment Through Knowledge:** Our RSE programme aims to empower students with age-appropriate knowledge. We believe that informed decision-making is crucial for students to navigate the complexities of relationships and sexual health successfully.
4. **Communication and Consent:** We emphasise the importance of effective communication and consent in all interpersonal relationships. Our vision is to equip students with the skills to communicate openly, establish boundaries, and seek and provide consent respectfully.
5. **Cultural Sensitivity:** Recognising the cultural diversity within our school community, our RSE programme is designed to be culturally sensitive. We strive to provide information that is relevant and respectful of cultural values and norms and in keeping with Spanish regulations.

## Objectives of RSE

1. To equip students with age-appropriate knowledge and understanding of relationships and sexual reproduction.
2. To promote values of respect, inclusivity, and consent in all interpersonal relationships.
3. To empower students to make informed and responsible decisions regarding their health and well-being.
4. To create a positive and supportive culture where students feel comfortable discussing RSE topics with the appropriately trained persons.

## Roles & Responsibilities

### 1. Principal

- The Principal is responsible for advising on, endorsing and supporting the implementation of the RSE policy.
- The Principal provides leadership to ensure that RSE aligns with the overall vision and values of the school and the cultural expectations of Spain and our international community.
- The Principal oversees the integration of RSE into the broader curriculum via assemblies and school culture.

### 2. Vice Principal

- The Vice Principal takes a central role in coordinating and leading the RSE programme within the subject of PSHE classes and wider school life.
- They ensure that RSE content aligns with the school's vision and objectives.
- The Vice Principal supports teachers in implementing effective RSE delivery.

### 3. Teachers:

- Teachers are responsible for delivering RSE content strictly according to the curriculum and policy guidelines.
- They create a safe and inclusive learning environment for students to explore RSE topics.
- Teachers play a vital role in facilitating open discussions and addressing student queries related to RSE. **NB** Culturally unacceptable topics will not be discussed.

### 4. Parents

- Parents are encouraged to engage with the RSE programme and understand its objectives.
- They are responsible for reinforcing RSE values at home and supporting students in their understanding of relationships.

## Professional Development

- Staff will receive ongoing professional development opportunities to enhance their knowledge and skills in RSE delivery.
- Workshops, training sessions, and resources will be provided to keep staff informed about best practices and emerging trends in RSE education.
- Continuous learning opportunities will be offered to ensure that staff remains confident and capable in delivering effective RSE content.

## Child Protection, Safeguarding & Confidentiality Protocols

- Child protection, safeguarding, and confidentiality protocols are integral to supporting safe and effective RSE practice.
- These protocols ensure that sensitive information is handled with utmost care, respecting the privacy and well-being of all students.

## Informing Visitors & External Agencies

- Visitors and external agencies will be informed of safeguarding protocols through orientation sessions and provided with written documentation outlining our school's commitment to safeguarding.
- External agencies will be encouraged to align their practices with our school's whole-school approach to RSE, emphasising respect for our values and the well-being of our students.

## Protocols for Vulnerable “At Risk” Pupils

- Specific protocols will be in place to identify and support students who may be considered vulnerable or 'at risk.'
- These protocols will include regular reviews, collaboration with relevant support services, and clear communication channels to address concerns promptly and effectively.

This policy will act as a management tool to inform decision-making processes related to RSE at Balears International College, Sant Agustí ensuring a consistent and effective approach to this vital aspect of education.